

ATHERTON & LEIGH AMATEUR SWIMMING CLUB
ANNUAL CLUB CHAMPIONSHIPS
EXPLANATORY NOTES FOR PARENTS AND SWIMMERS

VENUE: LEIGH INDOOR SPORTS CENTRE

DATES: TUESDAYS: 1st NOVEMBER, 8th NOVEMBER, 15TH NOVEMBER 2011

CLOSING DATE: THURSDAY 20th OCTOBER 2011

AGE: AS AT 31st DECEMBER 2011

ENTRY FEE PER EVENT: £2.00

BEGINNER'S EVENT (GALA 3)

Medals awarded to all swimmers successfully completing a length of the pool, starting at the deep end. Senior swimmers will be in the water to provide assistance if required.

You are not eligible if you have taken part in this event previously or you have entered any other event

ALL SWIMMING EVENTS

For these Championships to be successful, we do need all our swimmers to participate.

The galas certainly offer younger members a good introduction to competitive swimming as well as being, hopefully, an enjoyable occasion.

Coaches will be able to offer further advice if required.

POINTS TO REMEMBER

- a) Please complete an entry form (available from the desk) and ensure you return by the closing date, as late entries will not be accepted.
- b) All swimmers will receive a separate card for each event they have entered and these must be "posted" in the boxes provided 15 minutes prior to gala start time. Failure to comply will mean disqualification from the event (as per ASA rules).
- c) Mistakes do occasionally happen, so please check cards as soon as you receive them to ensure all details are correct.
- d) All 100 metre events will now be Heat Declared Winner events..This means that there will **NO** finals you will only have one swim, so make it count.
- e) In Gala 3 and all Individual Medley events are Heat Declared Winner events. This means that there will **NO** finals you will only have one swim, so make it count.

AT the end Gala 3 there will be a Fun gala for everybody.

Sample Entry Form for a 10/11 year girl:

Event No.	Beginners	Open	Butterfly	Backstroke	Breaststroke	Freestyle	Ind. Medley
107				✓			
119						✓	
203					✓		
215			✓				
307							✓
Name	A.N.Other		D.O.B.	15/05/2000	Finale Gala		✓